



FILLER



PRE & POST CARE



Pre-Care

- * Discontinue blood thinning medications & supplements 3-5 days prior
- * Schedule 2-4 weeks before special event
- * No vaccines within 72 hours of appointment
- * DO schedule two weeks in advance of invasive dental work (cleanings are okay)

Post Care

- * DO apply a cold compress immediately after
- * DO expect swelling & bruising
- * DO take TYLENOL for mild pain
- * DO schedule a follow-up appt & pre-book your next appt
- * DON'T massage or manipulate treated areas
- * DON'T apply makeup for 2 hours & be gentle
- * DON'T drink excessive alcohol for 24 hours
- * DON'T exercise for 24 hours
- * NO massages, facials or dental work for 2 weeks
- * Although results are immediate, filler looks best approximately 3-4 weeks after
- * Asymmetry, lumps & bumps are normal & usually self-resolve within 1-2 weeks

*Please call the office immediately if you are experiencing any of the following: excessive pain, fever, loss of vision, numbness, or excessive discoloration