



ADVANCED SKIN & LASER TREATMENTS



PRE & POST CARE



Includes Microneedling, PRP, IPL, Melasma Method, Carbon Laser, Pico Pigment, Laser Hair Removal

Pre-Care

- * DO disclose any new medications to your technician
- * DO discontinue retinol or retinoids 72 hours prior to treatment
- * DO use a prescription for cold sores if you have a history 2-3 days prior to coming in, if being treated in the area of cold sores
- * NO pregnancy or breastfeeding
- * NO recent Filler injections 2 weeks prior to coming in
- * NO recent sun exposure for 1-2 weeks, including spray tans, tanning beds, creams & lotions
- * NO antibiotics 72 hours pre-treatment
- * Melasma & darker skin need to be pre-treated 2 weeks prior. See our Providers.
- * Laser Hair Removal – shave area 24 hours prior to coming in, no waxing or tweezing the area

Post Care

- * DO use SPF 30+ every day
- * DO use gentle skin care products for 72 hours
- * DO use cold compresses if needed
- * DO avoid vigorous exercise for at least 24 hours
- * DON'T use scrubs, exfoliators or retinol for 72 hours
- * DON'T touch or pick at skin
- * NO direct sun exposure 1-2 weeks, including tanning beds & creams
- * NO swimming pools, saunas or hot tubs for 72 hours
- * Redness for 24-48 hours is normal
- * Darkening of pigment is expected
- * Dry, peeling skin is normal for 2-5 days